

Back Country Ski Equipment Day Trip

Equipment Check List

Clothing (layer)

Snow hat

Coat – Vest - Wicking long sleeve shirt

Warm Gloves – thin fleece glove

Zipper snow pants

Thinsulate sox

Place a piece of Duct Tape on the heel to prevent blisters

Goggles

Sun Glasses

Small Pack

Skis

Boots

Poles

Climbing Skins

Beacon

Shovel

Probe (optional)

Water- preferably water bottles. You can use a Hydration bag if the tube is insulated.

lunch

First aid- just bring any personal items that you may need for you specifically (i.e. medications)

Space Blanket

Whistle