

PARTICIPANT CONSENT, WAIVER AND RELEASE FROM LIABILITY
For Aaron Ogden Personal Training INC.
Adventure Race Activity

I acknowledge that participating with Aaron Ogden Personal Training INC. (AOPT) in the AdventureXstream Adventure Race Series (“Event”) involves an above-average risk of personal injury to me and my property, and I knowingly and voluntarily agree to the terms and conditions outlined in this Waiver and Release from Liability. In exchange for being permitted to compete in the Event, I agree to the following:

I am in good health and have no physical conditions that affect my ability to compete in the Event and have not been advised otherwise by a medical practitioner. I am covered by medical insurance, individually or as part of an organization.

I assume all risks associated with my participation in the Event and the risk of injury caused by the condition of any property, facilities or equipment used during the Event, which may not be reasonably foreseeable by anyone at any time. I agree not to sue Aaron Ogden Personal Training INC. along with any parent companies, affiliates, and respective employees, for any injuries, losses, damages, claims, liabilities or expenses that are caused or alleged to be caused by their negligent or reckless acts or omissions, or the condition of the property, facilities or equipment used for the Event.

I am aware that this Event entails risks of injury or death to myself. I understand that the description of these risks is not complete and that other unknown or unanticipated risks may result in injury or death. I agree to assume responsibility for the risks identified herein and those risks not specifically identified. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of the risks.

I agree to wear appropriate safety equipment, as established by industry standards and common safety practices, during all activities and competitions at the Event. In connection with any injury or other medical conditions I may experience during the Event, I authorize first aid treatment deemed necessary by Aaron Ogden if I am not able to act on my own behalf. I agree not to sue Aaron Ogden, Aaron Ogden Personal Training INC., and any respective employees, who may provide first aid treatment to me for malpractice. I agree to conduct myself in a professional manner and treat all colleagues, officials and spectators respectfully.

This Waiver is a legally binding agreement and will be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. Any provisions found to be void or nonenforceable shall be severed from this agreement, and not affect the validity or enforceability of any other provisions.

I have read this document and I understand its content. I understand that by signing below, I have given up substantial rights. I have voluntarily signed this release.

Signature of Participant _____ Date _____

Print Name _____

If under 18 signature of parent or guardian _____

Print Name _____

Address _____

Phone _____